

2026 Town Council Candidate Biographical Information : Entry # 5295

Full Name of Applicant

Durant Abernethy

I understand that this application is public record upon submission, and will be proactively made public by the Town of Frisco. I will not provide any information that should be kept from public view or access on this form.

Yes

I understand that if I have any questions or concerns regarding this form, or the Municipal Election process in Frisco, Colorado, that I can and should contact the Town Clerk at townclerk@townoffrisco.com, (970) 668-9122, or by visiting Town Hall during business hours (Mondays-Thursdays 8:00am-5:00pm, or Fridays 8:00am-Noon).

Yes

I understand that this application is an optional step in running for Town Council in Frisco, Colorado, in 2026. I further understand that to become a Candidate for Town Council for the Regular Municipal Election in Frisco, Colorado in 2026, that I can and should contact the Town Clerk for all requirement information, including but not limited to a nomination petition, campaign finance forms, and a candidate affidavit. To contact the Town Clerk, I can reach out via email at townclerk@townoffrisco.com, telephone at (970) 668-9122, or by visiting Town Hall in person during business hours (Mondays-Thursdays 8:00am-5:00pm, or Fridays 8:00am-Noon).

Yes

I've lived in Frisco since: (month and year)

September 2018

Candidate Email Address

durantabernethy@gmail.com

How long have you lived in the Town of Frisco? Also describe any other connections to Frisco beyond just residency, if applicable.

I have lived in Frisco full-time since September 2018, but I have worked at the High Country Healthcare clinic in Frisco since I moved to Colorado in August 2013.

Why are you interested in serving on Frisco Town Council?

I have something to offer my town and appreciate the opportunity to serve as a member of our town council. As a physician, it is crucial to understand someone's social, family and employment realities to provide best recommendations. Every day in my work, I witness the struggles of residents from a variety of socioeconomic and cultural backgrounds. Many people think physicians are book-nerds and unrelatable, but I strive to be a "renaissance man". I have personal experience as a small business owner in landscape construction and knowledge in a variety of different trades that helps me empathize and advocate for most people I meet. As an Eagle Scout, I was instilled with the importance of helping others from a young age, and this notion was reinforced in my high school whose motto was "Men for Others", which has guided many decisions in my adult life. Often our work for others may not be recognized or returned, but it should not detract from our continued desire to serve.

Education, Philanthropic/Volunteerism, and Work Experience:

Bachelor of Arts in Philosophy from Vanderbilt University
Medical Doctorate from University of Kansas Medical School
Internal-Medicine and Pediatrics residency through the University of South Alabama

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Board-Certified in both Internal Medicine and Pediatrics.

My medical practice began with High Country Healthcare in Frisco in fall of 2013, which more recently became part of CommonSpirit Health.

As the only outpatient Internal Medicine physician in our rural community with relative lack and access to a variety of medical specialties, I strive to provide local care for our most medically complex residents that want to continue living in this beautiful, but challenging environment.

In your opinion, what are your top 3 (yes, narrow them to a maximum of 3), issues facing the Frisco community?

The imminent reconstruction of Exit 203 will cause significant traffic and business disruptions on Summit Blvd, but will also lead to increased traffic through Exit 201 creating havoc on Main Street and Granite Street.

The town of Frisco is essentially built out, so we need increased residential density, ideally with more local workforce housing. There are different options to achieve this goal that could have dramatically different impacts on the aesthetic and feel of our small mountain town.

This historically poor winter season has reinforced the importance of cultivating additional events and unique attractions in Frisco that may draw visitors independent of our weather conditions. We must emphasize a more robust Main Street commerce experience that incentivizes more mountain visitors to come to Frisco and hopefully those memories rival their experience in any of our neighboring towns.

What are your top 3 (yes, narrow them to a maximum of 3), favorite characteristics of Frisco?

I grew up in the Midwest and trained in the South. I abhor excessive heat and humidity, so I absolutely love every weather season in the mountains and the people it brings to our community. I relish living only steps from mountain trails, a beautiful lake and possibly the cleanest air and water I have ever known. I also feel the small town tight-knit rural community feel of Frisco is special. Every time I walk my Great Danes, Sterling and Levi, down Main Street or go out to dinner, I run into someone I know and we discuss the local happenings. Everyone is always eager to help out a fellow "local" Frisco resident, which is unfortunately rare in today's world. I am grateful to be part of this wonderful community.

I've served on Frisco Town Council before.

No

I've served in local government outside of Frisco, elsewhere.

No

Attach a headshot the Town of Frisco may use for its website.

- [Headshot.jpg](#)

Oath of Applicant

Typed Signature

Durant Abernethy

Date

02/09/2026

Notes



Town Clerk Notification: Town Council Candidate Biographical Information Form Submission (ID: 5d2cc93274830)

added February 9, 2026 at 8:22 pm

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Customer Notification: Town Council Candidate Biographical Information Form Submitted (ID: 5d41f36084ed7)

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